



**Diabetes Self-Management Education/Medical Nutrition Therapy Referral**

Patient's Name (Print): \_\_\_\_\_ Home Phone #: \_\_\_\_\_

Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ SSN: \_\_\_\_\_

*For services to be covered by Medicare, Medicaid, and other insurers, you must specify the following:*

**Reason For Referral:**

- Diabetes Mellitus Type 2 Uncontrolled (E11.65)
  - Diabetes Mellitus Type 2 Newly Dx (E11.9)
  - Diabetes Mellitus Type 1 Uncontrolled (E10.65)
  - Diabetes Mellitus Type 1 Newly Dx (E10.9)
  - Pre- Diabetes Mellitus (R73.09)
  - Gestational Diabetes (O24.419)
  - Medical Nutrition Therapy
- \*Referring Diagnosis:** \_\_\_\_\_

**Education Needs:**

- Initiate Self-Management Education & Training
- Meal Planning \_\_\_\_\_ calories or assessed by RD
- Oral Medications  
Name/Dose/Schedule: \_\_\_\_\_
- Insulin Therapy  
Type/Dosage/Schedule: \_\_\_\_\_
- Insulin Pump Therapy (Attach Orders)
- Exercise Restrictions: \_\_\_\_\_

**Labs:**

Glucose Fasting \_\_\_\_\_ Random \_\_\_\_\_ HbA1c \_\_\_\_\_ Date \_\_\_\_\_

CHOL \_\_\_\_\_ HDL \_\_\_\_\_ LDL \_\_\_\_\_ TRIG \_\_\_\_\_ Cr. \_\_\_\_\_

**Learning Barriers: *If patient needs 1:1 instruction MD must state why.***

- Visual
- Hearing
- Speech
- Language
- Physical
- Literacy Level
- Emotional
- Mental Status
- Cognitive
- Ethnic/Cultural
- Religious
- Medical

**Comments:** \_\_\_\_\_

**Please Print Physician's Name** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Physician's Signature** \_\_\_\_\_ **Date** \_\_\_\_\_ **Time:** \_\_\_\_\_ am/pm

**To schedule appointments, Call (843) 522-5635 Δ Fax: (843) 522-5454**  
*Thank you for the referral*